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Crown and Bridge Care Instructions

Congratulations on receiving your new crown or bridge! This permanently fixed appliance can serve for decades, assuming it is properly taken care of. We'd like to share a few tips to help make your new restoration last as long as possible:

- **DO** brush and floss your crown as if it were a normal tooth. If you have received a bridge, be absolutely sure you clean underneath the bridge with either a floss threader or inter-dental brush, as we have demonstrated for you.
- **DO** consider the use of a Waterpik device to maintain healthy gums around your new crown or bridge
- **DON'T** attempt to use your crowned tooth for "extra-eating" activities, such as cutting fishing line, opening bottles, or any other funny business
- **DON'T** believe that bleaching will be effective to whiten a crowned tooth. Brushing and your regular hygiene appointments are the best way to remove coffee and tea stains and maintain the luster of your restoration